

Month	Adults	Kids	People	Meals
Jan-25	324	163	487	6818
Feb-25	284	150	434	6076
Mar-25	251	164	415	5810
Apr-25	269	168	437	6118
May-25	447	234	681	9534
Jun-25	325	194	519	7266
Jul-25	310	167	477	6678
Aug-25	403	234	637	8918
Sep-25	332	197	529	7406
Oct-25	225	125	350	4900
TOTAL	3170	1796	4966	69524

FoodAid is a community service project helping the people of the Southern Highlands NSW Australia. The FoodAid food hamper program provides a full week's worth of nutritious provisions, tailored to each family's size and needs. Each customized package includes two generous boxes filled with fresh fruits and vegetables, an assortment of bakery items, a well-stocked bag of essential pantry staples, and meat selections for the fridge and freezer. Our hampers ensure that each person can enjoy two substantial meals per day, helping to provide consistent food security and nourishment for families in need.





