

Year	People	Meals
2021	1690	23660
2022	2046	28644
2023	3929	55005
2024	5187	72380
	13878	194053

FoodAid is a community service project helping the people of the Southern Highlands NSW Australia. FoodAid provides a full week's worth of nutritious provisions, tailored to each family's size and needs. Each customized package includes two generous boxes filled with fresh fruits and vegetables, an assortment of bakery items, a well-stocked bag of essential pantry staples, and meat selections for the fridge and freezer. Our hampers ensure that each person can enjoy two substantial meals per day, helping to provide consistent food security and nourishment for families in need.



